

The Lymphedema Association of Quebec and Clinique médicale et sportive Régina Assumpta
Cordially invite you to:

Take Charge of your Lymphedema: A Guide to the Use of Compression

A bilingual information conference with simultaneous interpretation

Date: Monday, August 30, 2010

Place: Collège Régina Assumpta, 1750 rue Sauriol Est, Montréal (Enter through the main college entry door)

Program

Pre-conference

Choice of 2 workshops (please choose one per session)

Please note:

Workshop Reservations are obligatory.

Workshop space is limited and will be confirmed on a first-reserved first-served basis.

16:00 – 16:50

Session I

1. Do's & Don't's of Garment Wear with Sheila Fraser (English)
2. Self-Bandaging for Arm Lymphedema (French)
3. Self-Bandaging for Leg Lymphedema (French)

17:00 – 17:50

Session II

4. Aqua Lymphatic Therapy with Dorit Tidhar (Bilingual)
SECTION A – for the arm
SECTION B – for the leg
Workshop in the pool.
Please bring bathing suit, towel and goggles.
5. Do's & Don't's of Garment Wear with Sheila Fraser (French)
6. Self-Bandaging for Arm Lymphedema (English)
7. Self-Bandaging for Leg Lymphedema (English)

Fees:

There is no charge for attendance.

Donations to the LAQ are greatly appreciated.

A charitable donation tax receipt will be issued with pleasure.

Transportation:

College Regina Assumpta is situated just north of Metropolitan Blvd, between Sauvé St. and Fleury St. near the corner of Papineau St.

Métro Sauvé, bus # 121 East, to Papineau or

Métro Fabre, bus #45 North, to Sauriol

Parking:

Free, on the Régina Assumpta College premises.

RSVP

for both the pre-conference workshops and the conference:

Lymphedema Association of Quebec – c/o Dominique or Sarah

Telephone: 514-979-2463

Email: aql@infolympo.ca

Evening Conference

18:00 – 18:50

Registration and refreshments

Come and visit our exhibitors of lymphedema products and services!

19:00 – 19:10

Welcome and opening remarks

Rachel Pritzker

President, LAQ

Moderator of the evening:

Michel Eid, MT, CDT

Instructor, Vodder School International

19:10 – 19:35

Compression and its Effects on Lymphatics and Veins

Guest speaker:

Dr. Christian Schuchhardt

Oncologist, lymphologist, internal medicine, Germany.

Author of scientific articles on lymphology and oncology,

Co-editor of the manual Lymphedema, Diagnosis & Therapy,

1994, 1996, 2000, 2008.

19:35 – 20:30

Panel of Speakers

New Developments in Research on Compression and Lymphedema

Dr. Anna Towers

Director MUHC Lymphedema Clinic and McGill Lymphedema Research Program

How Compression is Used in Combined Decongestion Therapy

Robert Harris

Director, Vodder School International

When Standard Compression Measures Fail ... Some Possible Solutions

Monica Coggiola, PT

Instructor, Vodder School International

The Importance of Measurements in Clinical Treatment Decision Making

Dorit Tidhar, MSc, PT

Creator of Aqua Lymphatic Therapy – Tidhar Method, Educational Coordinator, MUHC Lymphedema Clinic

20:30 – 21:00

Question Period